Cleaning Checklist

Week of _____



Every day

- [ ] Make the beds
- [ ] Wash the dishes
- [ ] Wipe the kitchen counters
- [ ] Quick tidy of the living room
- [ ] Take out the rubbish

Every week

- [ ] Vacuum all rooms
- [ ] Mop the floors
- [ ] Clean the bathroom
- [ ] Change the bed sheets
- [ ] Dust shelves and surfaces
- [ ] Water the plants

Every month

- [ ] Clean the fridge
- [ ] Wash the windows
- [ ] Descale the kettle
- [ ] Clean the oven
- [ ] Sort out one cupboard

My own tasks

- [ ]
- [ ]
- [ ]
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Done? Treat yourself!